

Microneedling / Microchanneling Treatments

pre care

1. Avoid sun exposure/burns 48 hours prior to treatment.
2. Discontinue use of retinoids 48 hours prior to treatment.
3. You should not have an active breakout, active cold sores, or open lesions. If this occurs, your microneedling treatment should be rescheduled.
4. Allow at least (twelve) 12 hours after autoimmune therapies before having a microneedling treatment.
5. Wait six (6) months following isotretinoin (Accutane) use before a microneedling session.
6. Skin types Fitzpatrick IV-VI, pigment may darken prior to lightening.
7. Wait at least 2 weeks before or after Botox treatment to have a microneedling treatment. 2 weeks before or after any fillers such as Juvederm, Restylane, etc. 3 weeks before or after laser treatments such as IPL. One (1) month before any chemical peels.

post care - what to expect

Day 1 - Mild to moderate redness and swelling, similar to a sunburn.

No sunscreen or makeup.

Day 2 - Some persistent redness and swelling may be present. May apply sunscreen and makeup.

Day 3 - Most redness, bruising, and swelling almost gone.

Day 4 - Return to normal appearance without makeup